

List of Training on Social Aspects of Sustainability conducted for Students and Staff Members during the academic year 2023-24

Sr. No.	List of Activities	Date
1	Awareness Program on Japanese Method to Relax from Excessive Stress	21-06-2023
2	Workshop on Mental Health Awareness	13-03-2024
3	Workshop on Sahaja Yoga	16-02-2024
4	Seminar on Tolerance and Harmony towards Cultural, Regional, Linguistic, Communal, Socio-economic and other Diversities	04-03-2024
5	International Yoga Day Workshop on Breathe More to Live More	21-06-2023
6	Workshop on PhysioYoga for Postural Health	21-06-2023
7	Physiotherapy Awareness Campaign on Physiotherapy Day	06-09-2023
8	Free Physiotherapy Camp on Mental Health Day at Gayatri Mandir,	14-10-2023
9	Free Physiotherapy Camp at Rasulabad Village, Vadodara, Gujarat	01-12-2023
10	Free Physiotherapy Camp at Gayatri Mandir on Disability Day	09-12-2023
11	Workshop on Say Yes to Life, No to Drug	26-06-2023
12	Seminar on CPR: Bridge to Survival	29-02-2024
13	Seminar on Human Rights and Indian Laws	07-31-2023
14	Seminar on Planning and Sensitization	28-12-2023
15	Workshop on Fake News	19-06-2023
16	Traffic Awareness Programme	25-08-2023
17	Workshop on Awareness of Banking and Insurance law	04-03-2024
18	Seminar on Role of NGO in Safeguarding Human Rights	08-31-2023
19	Seminar on Awareness of Law of Sports	29-08-2023
20	Expert Talk on Transformative Constitutionalism	30-11-2023
21	Expert talk on Interpretation of Constitution	07-01-2024
22	Expert Talk on Labour Welfare: Need for Hour	06-01-2024
23	Seminar on Prison Reforms in India	13-01-2024
24	Seminar on Understanding Cyber Law and AI in Contemporary Legal Practice	03-03-2024
25	Expert Session on Constitution and Constitutionalism	08-12-2023
26	Seminar on Protection of Tribals and the Constitution	17-06-2023
27	Expert Session on Women in the Legal Profession	29-07-2023
28	Awareness Program on World No Tobacco Day	31-05-2023
29	Expert Talk on Constitutional Obligations	20-04-2024
30	Expert Session on NEP (National education policy) ki Samaj	07-07-2023
31	Seminar on Constitution of India	16-04-2024
32	National Level Seminar on Living Free and Equal	25-05-2023
33	Guest lecture on Clinical Aspects of Psychiatry	18-07-2024
34	Guest lecture on Clinical Aspects of Agadtantra	27-07-2023
35	Workshop on World Suicide Prevention Day	09-09-2023



36	Awareness Program on Government Schemes for Ensuring the Welfare of the Female	19-06-2023
37	Expert Session on Fundamental Rights of Widows	23-06-2023
38	Workshop On Yoga Ergonomics	01-07-2023
39	Seminar on Trauma: Identification and Ways to Deal with it Effectively	04-07-2023
40	Expert Talk on Enhancing Knowledge about PoSH for Women at Workplace	17-08-2023
41	Seminar on Role of NGO in Safeguarding Women Rights	31-08-2023
42	Webinar on Entrepreneurship Fundamentals	23-09-2023
43	One Day Workshop on Benefits of Yoga and Healthcare for Working Women	23-09-2023
44	Awareness Program on PCOS	27-09-2023
45	Awareness Program on Empowering Women in Entrepreneurship, Navigating India's Startup System	05-10-2023
46	Expert Session on Menstruation Drive	05-10-2023
47	Seminar on Breast Cancer Awareness	24-10-2023
48	Awareness Program on Gender Sensitization	27-10-2023
49	National Seminar on Women Health	11-12-2023
50	Seminar on Gynec Cancer Screening and Detection	14-12-2023
51	Awareness Program on Face Yoga and Meditation Session	20-12-2023
52	Awareness Program on Role of Ayurveda in Women's Health	18-01-2024
53	Seminar on Article Writing	25-01-2024
54	Webinar on Women in Leadership Roles in Civil Engineering	03-02-2024
55	Expert Session on PCOS the Bane of Modern Living	05-02-2024
56	Cervical Cancer and Screening Camp Program	16-02-2024
57	Expert Talk on Cyber Safe Girl	12-03-2024
58	Workshop on Stress Management in Women	13-03-2024
59	Women Empowerment Program - Wings to Fly	03-07-2024
60	Garima Safety Survey Report Initiative of Gujarat Police Program	04-09-2023 to 11-09-2023
61	Awareness Program on Women's Self-Defence	07-07-2023, 14-07-2023, 21-07-2023
62	Workshop on Leadership Skills	11-10-2023
63	Awareness Program on Precautions While Driving	05-07-2023
64	Workshop on Fire Safety Training	02-09-2023, 23-09-2023, 30-09-2023
65	Seminar on Personality Development	13-09-2023
66	Seminar on Workplace Etiquette	07-10-2023, 16-03-2023, 16-03-2023
67	Expert Session on Prioritization of Work	02-03-2024, 09-03-2024
68	Expert Talk on Synchronizing Priorities	06-04-2024



69	Workshop on Time Management to Improve Work Efficiency	05/08/2023, 28/10/2023, 24/02/2024
70	Expert Talk on Unleashing Potential	10-06-2023